

ViuTV Channel 99 - MARCH Schedule (Week THREE)

Updated as of Mar 14, 2017

| Date | 13/3/2017 | 14/3/2017 | 15/3/2017 | 16/3/2017 | 17/3/2017 | 18/3/2017 | 19/3/2017 | Date |
|----------|----------------------|-------------|-----------------|--------------|-------------|-------------------|--------------------|----------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
| 6:00:00 | | | | | | | | 6:00:00 |
| 6:30:00 | | | | | | | | 6:30:00 |
| 7:00:00 | 早晨新聞 | | | | | | | 7:00:00 |
| 7:30:00 | | | | | | | | 7:30:00 |
| 8:00:00 | | | | | | 書菜 | 屢見書工2 | 8:00:00 |
| 8:30:00 | | | | | | 轉流時刻 - 勁歌排行榜 | 文化交叉 | 8:30:00 |
| 9:00:00 | | | | | | | Intervi | 9:00:00 |
| 9:35:00 | 智富通 | | | | | 企鵝找麻煩 MAX | 戰國英雄 | 9:35:00 |
| 10:00:00 | 真的漢子 | | | | | 小馬寶莉 | 小馬寶莉 | 10:00:00 |
| 10:30:00 | | | | | | 西甲前瞻 | 小站 | 10:30:00 |
| 11:00:00 | 智富通 | | | | | 當衝三小遇上+886MM | Go! Japan TV 日本大放送 | 11:00:00 |
| 12:00:00 | 午間新聞 | | | | | | | 12:00:00 |
| 12:30:00 | 風行全世界 | 夠細煮 | 一個地球 | 維他命師 | 一日五餐 為食台灣 | 挑機魔法師 | 回答吧!1994 | 12:30:00 |
| 13:00:00 | 智富通 | | | | | | | 13:00:00 |
| 13:30:00 | 巷弄裡的那家書店 | | | | | 十五分鐘熱度 (一周精華) | | 13:30:00 |
| 14:00:00 | | | | | | 香港聖殿 | 的士Go | 14:00:00 |
| 14:30:00 | Cooking 媽嫻 | | Home Sweet Home | | | 大學 Secret | 無限挑戰 | 14:30:00 |
| 15:00:00 | 智富通 | | | | | TBC | | 15:00:00 |
| 15:30:00 | 神之謎題 | | | | | 超級飛俠 | 少年阿貝 GO! GO! 小芝麻 | 15:30:00 |
| 16:00:00 | | | | | | | | 16:00:00 |
| 16:30:00 | 舞力四射 | | | 魔神之骨 | | 時間飛船24 | 美少女戰士CRYSTAL | 16:30:00 |
| 17:00:00 | 戀愛班長2 | | 見習神仙精靈 | 決鬥大師 VS | | 區區有樂 | 課外 Fun Days Out | 17:00:00 |
| 17:30:00 | 6點新聞報道 | | | | | | | 17:30:00 |
| 18:00:00 | 快樂童盟 | | | | | 杏林在線 | 粵港財富通 | 18:00:00 |
| 18:30:00 | | | | | | 大鳴大放 | 經緯線 | 18:30:00 |
| 19:00:00 | 巷弄裡的那家書店 | | | | | View | 屢見書工2 | 19:00:00 |
| 19:30:00 | | | | | | | | 19:30:00 |
| 20:00:00 | 8點新聞報道 | | 8點新聞報道 | | | 8點新聞報道 | | 20:00:00 |
| 20:30:00 | 大撲 | | 行政長官選舉辯論 | 大撲 | | 營業部長 吉良奈津子 | 挑機魔法師 | 20:30:00 |
| 21:00:00 | | | | | | | Intervi | 21:00:00 |
| 21:30:00 | | | | | | | Line Town | 21:30:00 |
| 22:00:00 | 唔係本地菜 | 新聞報道 | 站站停 | | 婚後試愛 (澳洲篇) | SE7EN 2 | | 22:00:00 |
| 22:30:00 | 旅行吊靴鬼 - 首爾 | 旅行吊靴鬼 - 泰國 | 新世紀山陰戀事 | | | 扮嘢偽術師 | 扮嘢偽術師 | 22:30:00 |
| 23:00:00 | AKB戀工場 | | 晚吹 書到用時 | 晚吹 又要威 又要戴頭盔 | 晚吹 總有一隻係左近 | | | 23:00:00 |
| 23:30:00 | 十五分鐘熱度 | | | | | 晚吹-男人講嘢 | 晚吹 咁咁聲·太好聽 | 23:30:00 |
| 24:00:00 | 體育係... | 英超精華 | 體育係... | | | 海賊王 | 青之炎 | 24:00:00 |
| 24:30:00 | 物一世·人一世 | | 一個地球 | 齊木楠雄的災難 | | | | 24:30:00 |
| 25:00:00 | 真的漢子 | | | | | Intervi | 無限挑戰 | 25:00:00 |
| 25:30:00 | | | | | | | | 25:30:00 |
| 26:00:00 | 唔係本地菜 | Intervi | 晚吹 書到用時 | 晚吹 又要威 又要戴頭盔 | 晚吹 總有一隻係左近 | 西甲 - 艾拉維斯 對 皇家蘇斯達 | 一個地球 | 26:00:00 |
| 26:30:00 | 十五分鐘熱度 | | | | | | | 26:30:00 |
| 27:00:00 | 財經新聞 / 理財有方 | 財經新聞 / 潮玩科技 | 財經新聞 / 理財有方 | 財經新聞 / 潮玩科技 | 財經新聞 / 理財有方 | | 關人煮事 II | 27:00:00 |
| 27:30:00 | Driving in Hong Kong | | | | | | 2蚊遊 | 27:30:00 |
| 28:00:00 | | | | | | Home Sweet Home | Home Sweet Home | 28:00:00 |
| 28:30:00 | | | | | | | | 28:30:00 |
| 29:00:00 | | | | | | Cooking 媽嫻 | Cooking 媽嫻 | 29:00:00 |
| 29:30:00 | | | | | | 一日五餐 為食台灣 | 風行全世界 | 29:30:00 |

ViuTV Channel 99 - MARCH Schedule (Week FOUR)

Updated as of March 3, 2017

| Date | 20/3/2017 | 21/3/2017 | 22/3/2017 | 23/3/2017 | 24/3/2017 | 25/3/2017 | 26/3/2017 | Date | |
|----------|----------------------|-------------|-----------------|--------------|-------------|-----------------|------------------|--------------|----------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
| 6:00:00 | | | | | | | | 6:00:00 | |
| 6:30:00 | | | | | | | | 6:30:00 | |
| 7:00:00 | 早晨新聞 | | | | | | | 7:00:00 | |
| 7:30:00 | | | | | | | | 7:30:00 | |
| 8:00:00 | | | | | | 書菜 | 屢見書工2 | 8:00:00 | |
| 8:30:00 | | | | | | 轉流時刻 - 勁歌排行榜 | 文化交叉 | 8:30:00 | |
| 9:00:00 | | | | | | | Intervi | 9:00:00 | |
| 9:35:00 | 智富通 | | | | | 企鵝找麻煩 MAX | 戰國英雄 | 9:35:00 | |
| 10:00:00 | 真的漢子 | | | | | 小馬寶莉 | 小馬寶莉 | 10:00:00 | |
| 10:30:00 | | | | | | 西甲前瞻 | 小站 | 10:30:00 | |
| 11:00:00 | | | | | | 當衝三小遇上+886MM | View | 11:00:00 | |
| 11:30:00 | 智富通 | | | | | | | | 11:30:00 |
| 12:00:00 | 午間新聞 | | | | | | | 12:00:00 | |
| 12:30:00 | 風行全世界 | 夠細煮 | 一個地球 | 維他命師 | 一日五餐 為食台灣 | 挑機魔法師 | 回答吧!1994 | 12:30:00 | |
| 13:00:00 | 智富通 | | | | | | | | 13:00:00 |
| 13:30:00 | 巷弄裡的那家書店 | | 結婚好嗎 | | | 十五分鐘熱度 (一周精華) | | 13:30:00 | |
| 14:00:00 | | | | | | 香港聖殿 | 的士Go | 14:00:00 | |
| 14:30:00 | Cooking 媽嫻 | | Home Sweet Home | | | 大學 Secret | 無限挑戰 | 14:30:00 | |
| 15:00:00 | | | | | | | | | 15:00:00 |
| 15:30:00 | 智富通 | | | | | TBC | | 15:30:00 | |
| 16:00:00 | | | | | | | | 16:00:00 | |
| 16:30:00 | 神之謎題 | | | | | 超級飛俠 | 少年阿貝 GO! GO! 小芝麻 | 16:30:00 | |
| 17:00:00 | 舞力四射 | | | 魔神之骨 | | 時間飛船24 | 飛天小女警 | 17:00:00 | |
| 17:30:00 | 戀愛班長2 | | 見習神仙精靈 | 決鬥大師 VS | | 區區有樂 | 課外 Fun Days Out | 17:30:00 | |
| 18:00:00 | 6點新聞報道 | | | | | | | 18:00:00 | |
| 18:30:00 | 快樂童盟 | | | | | 杏林在線 | 粵港財富通 | 18:30:00 | |
| 19:00:00 | 巷弄裡的那家書店 | | 結婚好嗎 | | | 大鳴大放 | 經緯線 | 19:00:00 | |
| 19:30:00 | | | | | | View | 屢見書工2 | 19:30:00 | |
| 20:00:00 | 8點新聞報道 | | | | | | | 20:00:00 | |
| 20:30:00 | 大撰 | | 茶靡 | | | 營業部長 吉良奈津子 | 挑機魔法師 | 20:30:00 | |
| 21:00:00 | | | | | | | Intervi | 21:00:00 | |
| 21:30:00 | 唔係本地菜 | | 站站停 | | 扮嘢偽術師 2 | SE7EN 2 | Line Town | 21:30:00 | |
| 22:00:00 | | | | | | | | | 22:00:00 |
| 22:30:00 | 旅行吊靴鬼 - 首爾 | 旅行吊靴鬼 - 泰國 | 新世紀山陰戀事 | | | 扮嘢偽術師 | 扮嘢偽術師 | 22:30:00 | |
| 23:00:00 | AKB戀工場 | | 晚吹 書到用時 | 晚吹 又要威 又要戴頭盔 | 晚吹 總有一隻係左近 | | | | |
| 23:30:00 | 十五分鐘熱度 | | | | | | | 23:30:00 | |
| 24:00:00 | 體育係... | 英超精華 | 體育係... | | | | 晚吹-男人講嘢 | 晚吹 咁咁聲 - 太好聽 | 24:00:00 |
| 24:30:00 | 物一世,人一世 | | 一個地球 | 齊木楠雄的災難 | 海賊王 | 青之炎 | 24:30:00 | | |
| 25:00:00 | 真的漢子 | | | | | Intervi | 無限挑戰 | 25:00:00 | |
| 25:30:00 | | | | | | View | | | 25:30:00 |
| 26:00:00 | 唔係本地菜 | | 晚吹 書到用時 | 晚吹 又要威 又要戴頭盔 | 晚吹 總有一隻係左近 | | 一個地球 | 26:00:00 | |
| 26:30:00 | 十五分鐘熱度 | | | | | | | 26:30:00 | |
| 26:30:00 | 財經新聞 / 理財有方 | 財經新聞 / 潮玩科技 | 財經新聞 / 理財有方 | 財經新聞 / 潮玩科技 | 財經新聞 / 理財有方 | 婚後試愛 (澳洲篇) | 關人煮事 II | 26:30:00 | |
| 27:00:00 | | | | | | 維他命師 | 2蚊遊 | 27:00:00 | |
| 27:30:00 | | | | | | Home Sweet Home | Home Sweet Home | 27:30:00 | |
| 28:00:00 | Driving in Hong Kong | | | | | | | 28:00:00 | |
| 28:30:00 | | | | | | Cooking 媽嫻 | Cooking 媽嫻 | 28:30:00 | |
| 29:00:00 | | | | | | | | 29:00:00 | |
| 29:30:00 | | | | | | 一日五餐 為食台灣 | 風行全世界 | 29:30:00 | |

| DATE HKT | 3-Apr-2017 Monday | 4-Apr-2017 Tuesday | 5-Apr-2017 Wednesday | 6-Apr-2017 Thursday | 7-Apr-2017 Friday | 8-Apr-2017 Saturday | 9-Apr-2017 Sunday | DATE HKT | | | |
|----------|-------------------|-----------------------------|-----------------------------|---------------------|--------------------|---------------------|--------------------|---------------|--------|-------|-------|
| 0:00 | 深宵新聞 | 林說金曲 | | | | | 海賊王 | 0:00 | | | |
| 0:05 | | 深宵新聞 | | | | | | 0:05 | | | |
| 0:10 | | 深宵新聞 | | | | | | 0:10 | | | |
| 0:15 | | 深宵新聞 | | | | | | 0:15 | | | |
| 0:20 | | 深宵新聞 | | | | | | 0:20 | | | |
| 0:30 | 犯罪現場 1 | 耆菜 | 英超精華 | 香港聖殿 | 大學 Secrets | Rugby Center | 海賊王 | 0:30 | | | |
| 0:35 | | 十五分鐘熱度 | | 十五分鐘熱度 | | | Rugby Center | 0:35 | | | |
| 0:40 | | Girls' Talk | | Girls' Talk | | | | 0:40 | | | |
| 0:45 | | 真的漢子 | | | | | | 0:45 | | | |
| 1:00 | | 一個地球 | 真的漢子 | | | | | 深宵新聞 | 1:00 | | |
| 1:05 | | | 真的漢子 | | | | | | 1:05 | | |
| 1:10 | | | 真的漢子 | | | | | | 1:10 | | |
| 1:15 | | | 真的漢子 | | | | | | 1:15 | | |
| 1:20 | | | 真的漢子 | | | | | | 1:20 | | |
| 1:25 | | 夠細煮 | 財經新聞及理財有方 | 深宵新聞 | 財經新聞及理財有方 | 財經新聞及潮玩科技 | 財經新聞及理財有方 | 十五分鐘熱度 (一周精華) | 1:25 | | |
| 1:30 | 真的漢子 | | | | | 十五分鐘熱度 (一周精華) | 1:30 | | | | |
| 1:35 | 真的漢子 | | | | | | 1:35 | | | | |
| 1:40 | 真的漢子 | | | | | | 1:40 | | | | |
| 1:45 | 真的漢子 | | | | | | 1:45 | | | | |
| 2:00 | 真的漢子 | | | | | | 2:00 | | | | |
| 2:05 | 當衝三小遇上+886MM | | Driving In Hong Kong Epi.10 | | | | | 維他命師 | 2:05 | | |
| 2:10 | | | Driving In Hong Kong Epi.10 | | | | | | 2:10 | | |
| 2:30 | | | Driving In Hong Kong Epi.10 | | | | | | 2:30 | | |
| 2:35 | | | Driving In Hong Kong Epi.10 | | | | | | 2:35 | | |
| 2:40 | | Driving In Hong Kong Epi.10 | | | | | 2:40 | | | | |
| 2:45 | | Driving In Hong Kong Epi.10 | | | | | 2:45 | | | | |
| 3:00 | | Driving In Hong Kong Epi.10 | | | | | 3:00 | | | | |
| 3:05 | | Driving In Hong Kong Epi.10 | | | | | 3:05 | | | | |
| 3:10 | | Driving In Hong Kong Epi.10 | | | | | 3:10 | | | | |
| 3:15 | | Driving In Hong Kong Epi.10 | | | | | 3:15 | | | | |
| 3:30 | 無價道 | Driving In Hong Kong Epi.10 | | | | | 唱出香港 | 3:30 | | | |
| 3:35 | | Driving In Hong Kong Epi.10 | | | | | | 3:35 | | | |
| 3:40 | | Driving In Hong Kong Epi.10 | | | | | | 3:40 | | | |
| 4:00 | | Driving In Hong Kong Epi.10 | | | | | | 4:00 | | | |
| 4:05 | | Driving In Hong Kong Epi.10 | | | | | | 4:05 | | | |
| 4:10 | 活匠當下 | Driving In Hong Kong Epi.10 | | | | | Interview | 4:10 | | | |
| 4:15 | | Driving In Hong Kong Epi.10 | | | | | | 4:15 | | | |
| 4:30 | | Driving In Hong Kong Epi.10 | | | | | | 4:30 | | | |
| 4:35 | | Driving In Hong Kong Epi.10 | | | | | | 4:35 | | | |
| 4:40 | | Driving In Hong Kong Epi.10 | | | | | | 4:40 | | | |
| 5:00 | 誰偷走我的... | Driving In Hong Kong Epi.10 | | | | | Cooking 媽媽 | 5:00 | | | |
| 5:05 | | Driving In Hong Kong Epi.10 | | | | | | 5:05 | | | |
| 5:10 | | Driving In Hong Kong Epi.10 | | | | | | 5:10 | | | |
| 5:15 | | Driving In Hong Kong Epi.10 | | | | | | 5:15 | | | |
| 5:30 | | Driving In Hong Kong Epi.10 | | | | | | 5:30 | | | |
| 5:35 | 風行全世界 | Driving In Hong Kong Epi.10 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 5:35 | | | |
| 5:40 | | Driving In Hong Kong Epi.10 | | | | | | 5:40 | | | |
| 6:00 | | Driving In Hong Kong Epi.10 | | | | | | 6:00 | | | |
| 6:05 | | Driving In Hong Kong Epi.10 | | | | | | 6:05 | | | |
| 6:10 | | Driving In Hong Kong Epi.10 | | | | | | 6:10 | | | |
| 8:00 | 早晨新聞 | | | | | 早晨新聞 | | 8:00 | | | |
| 8:05 | 早晨新聞 | | | | | 耆菜 | 屢見耆工2 | 8:05 | | | |
| 8:10 | 早晨新聞 | | | | | Cooking 媽媽 | 文化交叉 | 8:10 | | | |
| 8:30 | 早晨新聞 | | | | | | | 8:30 | | | |
| 8:35 | 早晨新聞 | | | | | | 8:35 | | | | |
| 8:40 | 早晨新聞 | | | | | | 8:40 | | | | |
| 9:00 | 早晨新聞 | | | | | | 9:00 | | | | |
| 9:05 | 智富通 | 真的漢子 | 智富通 | | | 企鵝找麻煩 MAX | 境界觸發者 | 9:05 | | | |
| 9:10 | | | 智富通 | | | | | 9:10 | | | |
| 9:15 | | | 智富通 | | | | | 9:15 | | | |
| 9:30 | | | 智富通 | | | | | 9:30 | | | |
| 9:35 | | | 智富通 | | | | | 9:35 | | | |
| 9:40 | 真的漢子 | 陳柏宇 The Players - 10週年演唱會 | 真的漢子 | | | 小馬寶莉 | | 9:40 | | | |
| 10:00 | | | 真的漢子 | | | 小馬寶莉 | | 10:00 | | | |
| 10:05 | | | 真的漢子 | | | 小馬寶莉 | | 10:05 | | | |
| 10:10 | | | 真的漢子 | | | 小馬寶莉 | | 10:10 | | | |
| 10:15 | | | 真的漢子 | | | 小馬寶莉 | | 10:15 | | | |
| 10:30 | | | 真的漢子 | | | 小馬寶莉 | | 10:30 | | | |
| 10:35 | | | 真的漢子 | | | 小馬寶莉 | | 10:35 | | | |
| 10:40 | | | 真的漢子 | | | 小馬寶莉 | | 10:40 | | | |
| 11:00 | | | 真的漢子 | | | 小馬寶莉 | | 11:00 | | | |
| 11:05 | | | 真的漢子 | | | 小馬寶莉 | | 11:05 | | | |
| 11:10 | 智富通 | 智富通 | | | TBC | 小站 | 11:10 | | | | |
| 11:15 | | 智富通 | | | TBC | 小站 | 11:15 | | | | |
| 11:30 | | 智富通 | | | 兩面不是人 | 開工 | 11:30 | | | | |
| 11:35 | | 智富通 | | | 11:35 | | | | | | |
| 11:40 | | 智富通 | | | 11:40 | | | | | | |
| 12:00 | 午間新聞 | | | | | 午間新聞 | | 12:00 | | | |
| 12:05 | 午間新聞 | | | | | 午間新聞 | | 12:05 | | | |
| 12:10 | 午間新聞 | | | | | 午間新聞 | | 12:10 | | | |
| 12:15 | 午間新聞 | | | | | 午間新聞 | | 12:15 | | | |
| 12:20 | 風行全世界 | 夠細煮 | 一個地球 | 維他命師 | 是日本人遊關西2 - 東瀛地膽自由行 | | 挑戰1996 | 回答吧！1994 | 12:20 | | |
| 12:25 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 12:25 | | |
| 12:30 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 12:30 | | |
| 12:35 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 12:35 | | |
| 12:40 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 12:40 | | |
| 12:45 | 智富通 | 黑色樹海 | 智富通 | | | 智富通 | 十五分鐘熱度 (一周精華) | 回答吧！1994 | 12:45 | | |
| 12:55 | | | 智富通 | | | | | | 12:55 | | |
| 13:00 | | | 智富通 | | | | | | 13:00 | | |
| 13:05 | | | 智富通 | | | | | | 13:05 | | |
| 13:10 | | | 智富通 | | | | | | 13:10 | | |
| 13:15 | 結婚好嗎 | 黑色樹海 | 結婚好嗎 | | | 十五分鐘熱度 (一周精華) | 回答吧！1994 | 13:15 | | | |
| 13:30 | | | 結婚好嗎 | | | | | 13:30 | | | |
| 13:35 | | | 結婚好嗎 | | | | | 13:35 | | | |
| 13:40 | | | 結婚好嗎 | | | | | 13:40 | | | |
| 13:45 | | | 結婚好嗎 | | | | | 13:45 | | | |
| 14:30 | 唱出香港 | 無價道 | 活匠當下 | 誰偷走我的... | 香港聖殿 | 犯罪現場 1 | 14:30 | | | | |
| 14:35 | | | | | | | 香港聖殿 | 14:35 | | | |
| 14:40 | | | | | | | | 香港聖殿 | 14:40 | | |
| 14:45 | | | | | | | | | 香港聖殿 | 14:45 | |
| 15:00 | | | | | | | | | | 香港聖殿 | 15:00 |
| 15:05 | 香港聖殿 | 15:05 | | | | | | | | | |
| 15:10 | | 香港聖殿 | 15:10 | | | | | | | | |
| 15:15 | | | 香港聖殿 | 15:15 | | | | | | | |
| 15:20 | | | | 香港聖殿 | 15:20 | | | | | | |
| 15:25 | | | | | 香港聖殿 | 15:25 | | | | | |
| 15:30 | 香港聖殿 | | | | | 15:30 | | | | | |
| 15:35 | | 香港聖殿 | | | | 15:35 | | | | | |
| 15:40 | | | 香港聖殿 | | | 15:40 | | | | | |
| 15:45 | | | | 香港聖殿 | | 15:45 | | | | | |
| 16:00 | | | | | 神之謎題 | 小梅子日記 | | | TBC | 元氣囡仔 | 16:00 |
| 16:05 | 小梅子日記 | | | | | 16:05 | | | | | |
| 16:10 | 小梅子日記 | | | | | 16:10 | | | | | |
| 16:15 | 小梅子日記 | | | | | 16:15 | | | | | |
| 16:30 | 小梅子日記 | | | 16:30 | | | | | | | |
| 16:35 | 舞力四射 | 超人X | | | 超級飛俠 | 少年阿貝GO！GO！小芝麻 | 16:35 | | | | |
| 16:40 | | 超人X | | | | | 16:40 | | | | |
| 16:45 | | 超人X | | | | | 16:45 | | | | |
| 17:00 | | 超人X | | | | | 17:00 | | | | |
| 17:05 | | 超人X | | | | | 17:05 | | | | |
| 17:10 | 見習神仙精靈 | 決鬥大師 VS | | | 時間飛船24 | 飛天小女警 | 17:10 | | | | |
| 17:15 | | 決鬥大師 VS | | | | | 17:15 | | | | |
| 17:20 | | 決鬥大師 VS | | | | | 17:20 | | | | |
| 17:25 | | 決鬥大師 VS | | | | | 17:25 | | | | |
| 17:30 | | 決鬥大師 VS | | | | | 17:30 | | | | |
| 17:35 | 快樂童盟 | | | | | 區區有樂 | 中學預備班 | 17:35 | | | |
| 17:40 | 快樂童盟 | | | | | | | 17:40 | | | |
| 17:45 | 快樂童盟 | | | | | | | 17:45 | | | |
| 18:00 | 快樂童盟 | | | | | | | 18:00 | | | |
| 18:05 | 快樂童盟 | | | | | | | 18:05 | | | |
| 18:10 | 6點新聞報道 | | | | | 6點新聞報道 | | 18:10 | | | |
| 18:30 | RTHK有種信念·叫跑！ | | | | | 杏林在線 | 粵港財富通 | 18:30 | | | |
| 18:35 | RTHK有種信念·叫跑！ | | | | | | | 18:35 | | | |
| 18:40 | RTHK有種信念·叫跑！ | | | | | | | 18:40 | | | |
| 19:00 | RTHK有種信念·叫跑！ | | | | | | | 19:00 | | | |
| 19:05 | RTHK有種信念·叫跑！ | | | | | | | 19:05 | | | |
| 19:10 | 結婚好嗎 | 結婚好嗎 | | | 大鳴大放 | 經緯線 | 19:10 | | | | |
| 19:15 | | 結婚好嗎 | | | | | 19:15 | | | | |
| 19:20 | | 結婚好嗎 | | | | | 19:20 | | | | |
| 19:25 | | 結婚好嗎 | | | | | 19:25 | | | | |
| 19:30 | | 結婚好嗎 | | | | | 19:30 | | | | |
| 19:35 | 體育係... | 體育係... | | | View | Interview | 19:35 | | | | |
| 19:40 | | 體育係... | | | | | 19:40 | | | | |
| 19:45 | | 體育係... | | | | | 19:45 | | | | |
| 19:50 | | 體育係... | | | | | 19:50 | | | | |
| 19:55 | | 體育係... | | | | | 19:55 | | | | |
| 20:00 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:00 | | | |
| 20:05 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:05 | | | |
| 20:10 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:10 | | | |
| 20:30 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | 恐怖醫學 | 20:30 | | | |
| 20:35 | W - 兩個世界 | | | | | | | 20:35 | | | |
| 20:40 | W - 兩個世界 | | | | | | | 20:40 | | | |
| 21:30 | 午夜伴廊 | | | | | | | 尋覓原味 | 歌度有... | 21:30 | |
| 21:35 | 午夜伴廊 | | | | | | | | | 21:35 | |
| 21:40 | 午夜伴廊 | | | | | 21:40 | | | | | |
| 22:00 | 午夜伴廊 | | | | | 22:00 | | | | | |
| 22:05 | 午夜伴廊 | | | | | 22:05 | | | | | |
| 22:10 | 全職媽媽放大假 | | | | | 交換旅遊日記 | 手作Low Gear | 22:10 | | | |
| 22:15 | 全職媽媽放大假 | | | | | | | 22:15 | | | |
| 22:20 | 全職媽媽放大假 | | | | | | | 22:20 | | | |
| 22:25 | 全職媽媽放大假 | | | | | | | 22:25 | | | |
| 22:30 | 全職媽媽放大假 | | | | | | | 22:30 | | | |
| 22:35 | 黑料理 | 兩面不是人 | 開工 | 築地100 | 譚校長·談欣賞 | 精裝送禮仔 | 一拳超人 | 22:35 | | | |
| 22:40 | | | | | | | | 精裝送禮仔 | | | 22:40 |
| 23:00 | | | | | | | | 精裝送禮仔 | | | 23:00 |
| 23:05 | | | | | | | | 精裝送禮仔 | | | 23:05 |
| 23:10 | | | | | | | | 精裝送禮仔 | | | 23:10 |
| 23:15 | 十五分鐘熱度 | Girls' Talk | | | 晚吹 - 男人講嘢 | 晚吹 - 咁咁聲，太好聽 | 23:15 | | | | |
| 23:20 | | Girls' Talk | | | | | 23:20 | | | | |
| 23:25 | | Girls' Talk | | | | | 23:25 | | | | |
| 23:30 | | Girls' Talk | | | | | 23:30 | | | | |
| 23:35 | | Girls' Talk | | | | | 23:35 | | | | |
| 23:40 | 晚吹 - 捲上你的床 | 晚吹 - KO KOL | 晚吹 - 書到用時 | 晚吹 - 又要威 又要戴頭盔 | 晚吹 - 總有一件喺左近 | 晚吹 - 男人講嘢 | 晚吹 - 咁咁聲，太好聽 | 23:40 | | | |
| 23:45 | | | | | | | | 晚吹 - 總有一件喺左近 | | | 23:45 |

| DATE HKT | 10-Apr-2017 Monday | 11-Apr-2017 Tuesday | 12-Apr-2017 Wednesday | 13-Apr-2017 Thursday | 14-Apr-2017 Friday | 15-Apr-2017 Saturday | 16-Apr-2017 Sunday | DATE HKT | | | | | | | |
|----------|--------------------|----------------------|-----------------------|----------------------|--------------------|----------------------|--------------------|--------------------|--------------------|--------------------|--------------------|----------|-----------|-------|-----------|
| 0:00 | 深宵新聞 | 林說金曲 | | | | | 海賊王 | 0:00 | | | | | | | |
| 0:05 | | 深宵新聞 | | | | | | 0:05 | | | | | | | |
| 0:10 | | 深宵新聞 | | | | | | 0:10 | | | | | | | |
| 0:15 | | 深宵新聞 | | | | | | 0:15 | | | | | | | |
| 0:20 | | 深宵新聞 | | | | | | 0:20 | | | | | | | |
| 0:30 | Rugby Center | 耆菜 | 英超精華 | 香港聖殿 | 大學 Secrets | 齊木楠雄的災難 | 海賊王 | 0:30 | | | | | | | |
| 0:35 | 犯罪現場 1 | 十五分鐘熱度 | | 十五分鐘熱度 | | | 深宵新聞 | 0:35 | | | | | | | |
| 0:40 | | Girls' Talk | | Girls' Talk | | | | 0:40 | | | | | | | |
| 0:45 | | 真的漢子 | | 真的漢子 | | | | | 0:45 | | | | | | |
| 1:00 | | | | 真的漢子 | | | | | 1:00 | | | | | | |
| 1:05 | | | 真的漢子 | | | | | 1:05 | | | | | | | |
| 1:10 | 真的漢子 | | | | | 1:10 | | | | | | | | | |
| 1:15 | 真的漢子 | | | | | 1:15 | | | | | | | | | |
| 1:20 | 一個地球 | 財經新聞及理財有方 | 財經新聞及潮玩科技 | 財經新聞及理財有方 | 財經新聞及潮玩科技 | 深宵新聞 | 十五分鐘熱度(一周精華) | 1:20 | | | | | | | |
| 1:25 | 挑戰1996 | Driving In Hong Kong | | | | | Interview | 1:25 | | | | | | | |
| 1:30 | | | | | | | | 無價道 | Interview | 1:30 | | | | | |
| 1:35 | | | | | | | | | | 活匠當下 | Interview | 1:35 | | | |
| 1:40 | | | | | | | | | | | | 誰偷走我的... | Interview | 1:40 | |
| 1:45 | | | | | | | | | | | | | | 風行全世界 | Interview |
| 2:00 | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | | | | |
| 2:05 | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 2:05 | | | | | | |
| 2:10 | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 2:10 | | | | | |
| 2:15 | | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 2:15 | | | | |
| 2:20 | | | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 2:20 | | | |
| 2:25 | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | 2:25 | | | |
| 2:30 | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 2:30 | | | |
| 2:35 | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | 2:35 | | | |
| 2:40 | | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | 2:40 | | | |
| 2:45 | | | | | | | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 2:45 | | | |
| 3:00 | 是日本人遊關西2 - 東瀛地膽自由行 | 3:00 | | | | | | | | | | | | | |
| 3:05 | | 是日本人遊關西2 - 東瀛地膽自由行 | 3:05 | | | | | | | | | | | | |
| 3:10 | | | 是日本人遊關西2 - 東瀛地膽自由行 | 3:10 | | | | | | | | | | | |
| 3:15 | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 3:15 | | | | | | | | | | |
| 3:30 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 3:30 | | | | | | | | | |
| 3:35 | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | 3:35 | | | | | | | | | |
| 3:40 | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 3:40 | | | | | | | | | |
| 4:00 | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | 4:00 | | | | | | | | | |
| 4:05 | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | 4:05 | | | | | | | | | |
| 4:10 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 4:10 | | | | | | | | | |
| 4:15 | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | 4:15 | | | | | | | | | |
| 4:30 | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 4:30 | | | | | | | | | |
| 4:35 | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | 4:35 | | | | | | | | | |
| 4:40 | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | 4:40 | | | | | | | | | |
| 5:00 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 5:00 | | | | | | | | | |
| 5:05 | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | 5:05 | | | | | | | | | |
| 5:10 | | 是日本人遊關西2 - 東瀛地膽自由行 | | | | 5:10 | | | | | | | | | |
| 5:15 | | | 是日本人遊關西2 - 東瀛地膽自由行 | | | 5:15 | | | | | | | | | |
| 5:30 | | | | 是日本人遊關西2 - 東瀛地膽自由行 | | 5:30 | | | | | | | | | |
| 5:35 | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 5:35 | | | | | | | | | |
| 5:40 | 是日本人遊關西2 - 東瀛地膽自由行 | | | | | 5:40 | | | | | | | | | |
| 6:00 | | 早晨新聞 | | | | 早晨新聞 | | 6:00 | | | | | | | |
| 6:05 | | 早晨新聞 | | | | 耆菜 | | 6:05 | | | | | | | |
| 6:10 | | | | | | 屢見耆工2 | | 6:10 | | | | | | | |
| 8:00 | | | | | | 文化交叉 | | 8:00 | | | | | | | |
| 8:05 | Interview | | | | | 8:05 | | | | | | | | | |
| 8:10 | Interview | | | | | 8:10 | | | | | | | | | |
| 8:30 | 智富通 | | | | Cooking 媽媽 | | 8:30 | | | | | | | | |
| 8:35 | | | | | 文化交叉 | | 8:35 | | | | | | | | |
| 8:40 | | | | | Interview | | 8:40 | | | | | | | | |
| 9:00 | | | | | Interview | | 9:00 | | | | | | | | |
| 9:05 | | | | | Interview | | 9:05 | | | | | | | | |
| 9:10 | 真的漢子 | | | | 企鵝找麻煩 MAX | | 9:10 | | | | | | | | |
| 9:15 | | | | | 境界觸發者 | | 9:15 | | | | | | | | |
| 9:30 | | | | | 小馬寶莉 | | 9:30 | | | | | | | | |
| 9:35 | | | | | TBC | | 9:35 | | | | | | | | |
| 9:40 | | | | | TBC | | 9:40 | | | | | | | | |
| 10:00 | 真的漢子 | | | | E-Kids 3XL 演唱會2017 | | 10:00 | | | | | | | | |
| 10:05 | | | | | 小馬寶莉 | | 10:05 | | | | | | | | |
| 10:10 | | | | | TBC | | 10:10 | | | | | | | | |
| 10:15 | | | | | TBC | | 10:15 | | | | | | | | |
| 10:30 | | | | | 兩面不是人 | | 10:30 | | | | | | | | |
| 10:35 | 智富通 | | | | 兩面不是人 | | 10:35 | | | | | | | | |
| 10:40 | | | | | 開工 | | 10:40 | | | | | | | | |
| 11:00 | | | | | 開工 | | 11:00 | | | | | | | | |
| 11:05 | | | | | 開工 | | 11:05 | | | | | | | | |
| 11:10 | | | | | 開工 | | 11:10 | | | | | | | | |
| 11:15 | 午間新聞 | | | | 午間新聞 | | 11:15 | | | | | | | | |
| 11:30 | | | | | 午間新聞 | | 11:30 | | | | | | | | |
| 11:35 | | | | | 午間新聞 | | 11:35 | | | | | | | | |
| 11:40 | | | | | 午間新聞 | | 11:40 | | | | | | | | |
| 12:00 | | | | | 午間新聞 | | 12:00 | | | | | | | | |
| 12:05 | 風行全世界 | | | | 午間新聞 | | 12:05 | | | | | | | | |
| 12:10 | | | | | 午間新聞 | | 12:10 | | | | | | | | |
| 12:15 | | | | | 午間新聞 | | 12:15 | | | | | | | | |
| 12:20 | | | | | 午間新聞 | | 12:20 | | | | | | | | |
| 12:25 | | | | | 午間新聞 | | 12:25 | | | | | | | | |
| 12:30 | 風行全世界 | 夠細煮 | 一個地球 | 維他命師 | Specialist 特別篇 1 | | Specialist 特別篇 2 | | Specialist 特別篇 3 | | 12:30 | | | | |
| 12:35 | 智富通 | | | | | | | | | | 12:35 | | | | |
| 12:40 | 結婚好嗎 | | | | | | | | | | 12:40 | | | | |
| 12:45 | 結婚好嗎 | | | | | | | | | | 12:45 | | | | |
| 12:55 | 結婚好嗎 | | | | | | | | | | 12:55 | | | | |
| 13:00 | 智富通 | | | | Interview | | 犯罪現場 1 | | 13:00 | | | | | | |
| 13:05 | | | | | Interview | | | | 13:05 | | | | | | |
| 13:10 | | | | | Interview | | | | 13:10 | | | | | | |
| 13:30 | | | | | Interview | | | | 13:30 | | | | | | |
| 13:35 | | | | | Interview | | | | 13:35 | | | | | | |
| 13:40 | 唱出香港 | 借宿一宵 | 無價道 | 活匠當下 | 大學 Secrets | | 元氣囡仔 | | 13:40 | | | | | | |
| 13:45 | 智富通 | | | | | | | | 香港聖殿 | | 13:45 | | | | |
| 14:30 | 智富通 | | | | | | | | 大學 Secrets | | 14:30 | | | | |
| 14:35 | 智富通 | | | | | | | | 大學 Secrets | | 14:35 | | | | |
| 14:40 | 智富通 | | | | | | | | 大學 Secrets | | 14:40 | | | | |
| 14:45 | 智富通 | | | | 大學 Secrets | | 14:45 | | | | | | | | |
| 14:50 | 智富通 | | | | 大學 Secrets | | 14:50 | | | | | | | | |
| 14:55 | 智富通 | | | | 大學 Secrets | | 14:55 | | | | | | | | |
| 15:00 | 智富通 | | | | 大學 Secrets | | 15:00 | | | | | | | | |
| 15:05 | 智富通 | | | | 大學 Secrets | | 15:05 | | | | | | | | |
| 15:10 | 智富通 | | | | 大學 Secrets | | 15:10 | | | | | | | | |
| 15:15 | 智富通 | | | | 大學 Secrets | | 15:15 | | | | | | | | |
| 15:30 | 智富通 | | | | 大學 Secrets | | 15:30 | | | | | | | | |
| 15:35 | 智富通 | | | | 大學 Secrets | | 15:35 | | | | | | | | |
| 15:40 | 智富通 | | | | 大學 Secrets | | 15:40 | | | | | | | | |
| 16:00 | 小梅子日記 | | | | | 滙豐國際七人欖球賽精華 | | 元氣囡仔 | 16:00 | | | | | | |
| 16:05 | 小梅子日記 | | | | | 滙豐國際七人欖球賽精華 | | 元氣囡仔 | 16:05 | | | | | | |
| 16:10 | 小梅子日記 | | | | | 滙豐國際七人欖球賽精華 | | 元氣囡仔 | 16:10 | | | | | | |
| 16:30 | 舞力四射 | | | | 超人X | | 超級飛俠 | 少年阿貝GO! GO! 小芝麻 | 16:30 | | | | | | |
| 16:35 | 舞力四射 | | | | 超人X | | 超級飛俠 | 少年阿貝GO! GO! 小芝麻 | 16:35 | | | | | | |
| 16:40 | 舞力四射 | | | | 超人X | | 超級飛俠 | 少年阿貝GO! GO! 小芝麻 | 16:40 | | | | | | |
| 16:45 | 舞力四射 | | | | 超人X | | 超級飛俠 | 少年阿貝GO! GO! 小芝麻 | 16:45 | | | | | | |
| 17:00 | 見習神仙精靈 | | | | 決鬥大師 VS | 決鬥大師 VSR (暫名) | 時間飛船24 | 飛天小女警 | 17:00 | | | | | | |
| 17:05 | 見習神仙精靈 | | | | 決鬥大師 VS | 決鬥大師 VSR (暫名) | 時間飛船24 | 飛天小女警 | 17:05 | | | | | | |
| 17:10 | 見習神仙精靈 | | | | 決鬥大師 VS | 決鬥大師 VSR (暫名) | 時間飛船24 | 飛天小女警 | 17:10 | | | | | | |
| 17:30 | 快樂童盟 | | | | | 區區有樂 | | 中學預備班 | 17:30 | | | | | | |
| 17:35 | 快樂童盟 | | | | | 區區有樂 | | 中學預備班 | 17:35 | | | | | | |
| 17:40 | 快樂童盟 | | | | | 區區有樂 | | 中學預備班 | 17:40 | | | | | | |
| 17:45 | 快樂童盟 | | | | | 區區有樂 | | 中學預備班 | 17:45 | | | | | | |
| 18:00 | 6點新聞報道 | | | | | | | | 18:00 | | | | | | |
| 18:05 | 6點新聞報道 | | | | | | | | 18:05 | | | | | | |
| 18:10 | 6點新聞報道 | | | | | | | | 18:10 | | | | | | |
| 18:30 | RTHK - 青春聯合體 | | | | | 杏林在線 | | 粵港財富通 | 18:30 | | | | | | |
| 18:35 | RTHK - 青春聯合體 | | | | | 杏林在線 | | 粵港財富通 | 18:35 | | | | | | |
| 18:40 | RTHK - 青春聯合體 | | | | | 杏林在線 | | 粵港財富通 | 18:40 | | | | | | |
| 19:00 | 結婚好嗎 | | | | | 大鳴大放 | | 經緯線 | 19:00 | | | | | | |
| 19:05 | | | | | | View | | 屢見耆工2 | 19:05 | | | | | | |
| 19:10 | | | | | | View | | 屢見耆工2 | 19:10 | | | | | | |
| 19:30 | | | | | | View | | 屢見耆工2 | 19:30 | | | | | | |
| 19:35 | | | | | | View | | 屢見耆工2 | 19:35 | | | | | | |
| 19:40 | 8點新聞報道 | | | | | | | | 19:40 | | | | | | |
| 20:00 | 8點新聞報道 | | | | | | | | 20:00 | | | | | | |
| 20:05 | 8點新聞報道 | | | | | | | | 20:05 | | | | | | |
| 20:10 | 8點新聞報道 | | | | | | | | 20:10 | | | | | | |
| 20:30 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | | 恐怖醫學 | 20:30 | | | | | | |
| 20:35 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | | 恐怖醫學 | 20:35 | | | | | | |
| 20:40 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | | 恐怖醫學 | 20:40 | | | | | | |
| 20:45 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | | 恐怖醫學 | 20:45 | | | | | | |
| 21:30 | 午夜伴廊 | | | | | 尋覓原味 | | Interview | 21:30 | | | | | | |
| 21:35 | 午夜伴廊 | | | | | 尋覓原味 | | Interview | 21:35 | | | | | | |
| 21:40 | 午夜伴廊 | | | | | 尋覓原味 | | Interview | 21:40 | | | | | | |
| 22:00 | 全職媽媽放大假 | | | | | 交換旅遊日記 | | 手作Low Gear | 22:00 | | | | | | |
| 22:05 | 全職媽媽放大假 | | | | | 交換旅遊日記 | | | 22:05 | | | | | | |
| 22:10 | 全職媽媽放大假 | | | | | 交換旅遊日記 | | | 22:10 | | | | | | |
| 22:30 | 黑料理 | 兩面不是人 | 開工 | 築地100 | 譚校長·談欣賞 | 精裝送禮仔 | | | 22:30 | | | | | | |
| 22:35 | 十五分鐘熱度 | | | | | | | | 精裝送禮仔 | | 22:35 | | | | |
| 22:40 | 十五分鐘熱度 | | | | | | | 精裝送禮仔 | | | 22:40 | | | | |
| 23:00 | Girls' Talk | | | | | | | | | | 精裝送禮仔 | | 23:00 | | |
| 23:05 | Girls' Talk | | | | | | | | | | | | 精裝送禮仔 | | 23:05 |
| 23:10 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | 23:10 |
| 23:15 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | 23:15 |
| 23:20 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | 23:20 |
| 23:25 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | 23:25 |
| 23:30 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 23:35 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 23:40 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 23:45 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 23:50 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 23:55 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 24:00 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 24:05 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 24:10 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 24:15 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 24:20 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 24:25 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 24:30 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 24:35 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 24:40 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 24:45 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 24:50 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 24:55 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 25:00 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 25:05 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 25:10 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 25:15 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 25:20 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 25:25 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 25:30 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 25:35 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 25:40 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 25:45 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 25:50 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 25:55 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 26:00 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 26:05 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 26:10 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 26:15 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 26:20 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 26:25 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 26:30 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 26:35 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 26:40 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 26:45 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 26:50 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 26:55 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 27:00 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 27:05 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 27:10 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 27:15 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 27:20 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 27:25 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 27:30 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 27:35 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 27:40 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 27:45 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 27:50 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 27:55 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 28:00 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 28:05 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 28:10 | Girls' Talk | | | | | 精裝送禮仔 | | | | | | | | | |
| 28:15 | Girls' Talk | | | | | | | | | 精裝送禮仔 | | | | | |
| 28:20 | Girls' Talk | | | | | | | 精裝送禮仔 | | | | | | | |
| 28:25 | Girls' Talk | | | | | | | | | | | 精裝送禮仔 | | | |
| 28:30 | Girls' Talk | | | | | | | | | | | | | 精裝送禮仔 | |
| 28 | | | | | | | | | | | | | | | |

| DATE HKT | 17-Apr-2017 Monday | 18-Apr-2017 Tuesday | 19-Apr-2017 Wednesday | 20-Apr-2017 Thursday | 21-Apr-2017 Friday | 22-Apr-2017 Saturday | 23-Apr-2017 Sunday | DATE HKT | | | |
|----------|----------------------|----------------------|-----------------------|----------------------|--------------------|----------------------|--------------------|---------------|------------|-------|-------|
| 0:00 | 深宵新聞 | 林說金曲 | | | | | 海賊王 | 0:00 | | | |
| 0:05 | | 深宵新聞 | | | | | | 0:05 | | | |
| 0:10 | | 深宵新聞 | | | | | | 0:10 | | | |
| 0:15 | | 深宵新聞 | | | | | | 0:15 | | | |
| 0:20 | | 深宵新聞 | | | | | | 0:20 | | | |
| 0:30 | 犯罪現場 1 | 耆菜 | 英超精華 | 香港聖殿 | 大學 Secrets | 齊木楠雄的災難 | 海賊王 | 0:30 | | | |
| 0:35 | | 十五分鐘熱度 | | 十五分鐘熱度 | | | 深宵新聞 | 0:35 | | | |
| 0:40 | | Girls' Talk | | Girls' Talk | | | | 0:40 | | | |
| 0:45 | | 真的漢子 | | | | | | 0:45 | | | |
| 1:00 | | 一個地球 | 真的漢子 | | | | | Interviu | 1:00 | | |
| 1:05 | | | 真的漢子 | | | | | | 1:05 | | |
| 1:10 | | | 真的漢子 | | | | | | 1:10 | | |
| 1:15 | | | 真的漢子 | | | | | | 1:15 | | |
| 1:20 | | | 真的漢子 | | | | | | 1:20 | | |
| 1:25 | | Petgazine II | 深宵新聞 | 財經新聞 及 潮玩科技 | 財經新聞 及 理財有方 | 財經新聞 及 潮玩科技 | 財經新聞 及 理財有方 | 十五分鐘熱度 (一周精華) | 1:25 | | |
| 1:30 | 真的漢子 | | | | | Interviu | 1:30 | | | | |
| 1:35 | 真的漢子 | | | | | | 1:35 | | | | |
| 1:40 | 真的漢子 | | | | | | 1:40 | | | | |
| 1:45 | 真的漢子 | | | | | | 1:45 | | | | |
| 2:00 | 真的漢子 | | | | | | 2:00 | | | | |
| 2:05 | TBC | | Driving In Hong Kong | | | | | 維他命師 | 2:05 | | |
| 2:10 | | | Driving In Hong Kong | | | | | | 2:10 | | |
| 2:15 | | | Driving In Hong Kong | | | | | | 2:15 | | |
| 2:20 | | | Driving In Hong Kong | | | | | | 2:20 | | |
| 2:25 | | Driving In Hong Kong | | | | | 2:25 | | | | |
| 2:30 | 無價道 | Driving In Hong Kong | | | | | 借宿一宵 | 2:30 | | | |
| 2:35 | | Driving In Hong Kong | | | | | | 2:35 | | | |
| 2:40 | | Driving In Hong Kong | | | | | | 2:40 | | | |
| 2:45 | | Driving In Hong Kong | | | | | | 2:45 | | | |
| 3:00 | | Driving In Hong Kong | | | | | | 3:00 | | | |
| 3:05 | 活匠當下 | Driving In Hong Kong | | | | | Cooking 媽媽 | 3:05 | | | |
| 3:10 | | Driving In Hong Kong | | | | | | 3:10 | | | |
| 3:15 | | Driving In Hong Kong | | | | | | 3:15 | | | |
| 3:30 | | Driving In Hong Kong | | | | | | 3:30 | | | |
| 3:35 | | Driving In Hong Kong | | | | | | 3:35 | | | |
| 3:40 | View | Driving In Hong Kong | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 3:40 | | | |
| 4:00 | | Driving In Hong Kong | | | | | | 4:00 | | | |
| 4:05 | | Driving In Hong Kong | | | | | | 4:05 | | | |
| 4:10 | | Driving In Hong Kong | | | | | | 4:10 | | | |
| 4:15 | | Driving In Hong Kong | | | | | | 4:15 | | | |
| 4:30 | 風行全世界 | Driving In Hong Kong | | | | | 是日本人遊關西2 - 東瀛地膽自由行 | 4:30 | | | |
| 4:35 | | Driving In Hong Kong | | | | | | 4:35 | | | |
| 4:40 | | Driving In Hong Kong | | | | | | 4:40 | | | |
| 5:00 | | Driving In Hong Kong | | | | | | 5:00 | | | |
| 5:05 | | Driving In Hong Kong | | | | | | 5:05 | | | |
| 5:10 | Driving In Hong Kong | | | | | 5:10 | | | | | |
| 5:15 | Driving In Hong Kong | | | | | 5:15 | | | | | |
| 5:30 | Driving In Hong Kong | | | | | 5:30 | | | | | |
| 5:35 | Driving In Hong Kong | | | | | 5:35 | | | | | |
| 5:40 | Driving In Hong Kong | | | | | 5:40 | | | | | |
| 6:00 | 早晨新聞 | | | | | 早晨新聞 | | 6:00 | | | |
| 6:05 | 早晨新聞 | | | | | 耆菜 | 屢見耆工2 | 6:05 | | | |
| 6:10 | 早晨新聞 | | | | | Cooking 媽媽 | 文化交叉 | 6:10 | | | |
| 8:00 | 早晨新聞 | | | | | | | 企鵝找麻煩 MAX | 境界觸發者 | 8:00 | |
| 8:05 | 早晨新聞 | | | | | | | | | 8:05 | |
| 8:10 | 早晨新聞 | | | | | | | | | 8:10 | |
| 8:30 | 早晨新聞 | | | | | | | | | 8:30 | |
| 8:35 | 早晨新聞 | | | | | 8:35 | | | | | |
| 8:40 | 真的漢子 | 智富通 | | | | | 小馬寶莉 | Interviu | 8:40 | | |
| 9:00 | | 智富通 | | | | | | | 9:00 | | |
| 9:05 | | 智富通 | | | | | | | 9:05 | | |
| 9:10 | | 智富通 | | | | | | | 9:10 | | |
| 9:15 | | 智富通 | | | | | | | 9:15 | | |
| 9:30 | 2016 夏戀嘉年華 | 真的漢子 | | | | | TBC | 小站 | 9:30 | | |
| 9:35 | | 真的漢子 | | | | | | | 兩面不是人 | 開工 | 9:35 |
| 9:40 | | 真的漢子 | | | | | | | | | 9:40 |
| 10:00 | | 真的漢子 | | | | | | | | | 10:00 |
| 10:05 | | 真的漢子 | | | | | | | | | 10:05 |
| 10:10 | | 真的漢子 | | | | | 10:10 | | | | |
| 10:15 | | 真的漢子 | | | | | 10:15 | | | | |
| 10:30 | | 智富通 | | | | | 10:30 | | | | |
| 10:35 | | 智富通 | | | | | 10:35 | | | | |
| 10:40 | | 智富通 | | | | | 10:40 | | | | |
| 11:00 | 智富通 | | | | | 11:00 | | | | | |
| 11:05 | 智富通 | | | | | 11:05 | | | | | |
| 11:10 | 智富通 | | | | | 11:10 | | | | | |
| 11:15 | 智富通 | | | | | 11:15 | | | | | |
| 11:30 | 智富通 | | | | | 11:30 | | | | | |
| 11:35 | 智富通 | | | | | 11:35 | | | | | |
| 11:40 | 智富通 | | | | | 11:40 | | | | | |
| 12:00 | 午間新聞 | 午間新聞 | | | 午間新聞 | | | 12:00 | | | |
| 12:05 | | 午間新聞 | | | 午間新聞 | | | 12:05 | | | |
| 12:10 | | 午間新聞 | | | 午間新聞 | | | 12:10 | | | |
| 12:15 | | 午間新聞 | | | 午間新聞 | | | 12:15 | | | |
| 12:20 | | 午間新聞 | | | 午間新聞 | | | 12:20 | | | |
| 12:25 | Specialist 特別篇 4 | Petgazine II | 一個地球 | 維他命師 | 是日本人遊關西2 - 東瀛地膽自由行 | 挑戰1996 | 回答吧！1994 | 12:25 | | | |
| 12:30 | | 智富通 | | | 智富通 | | | 十五分鐘熱度 (一周精華) | 回答吧！1994 | 12:30 | |
| 12:35 | | 智富通 | | | 智富通 | | | | | 12:35 | |
| 12:40 | | 智富通 | | | 智富通 | | | | | 12:40 | |
| 12:45 | | 智富通 | | | 智富通 | | | | | 12:45 | |
| 12:55 | | 智富通 | | | 智富通 | 12:55 | | | | | |
| 13:00 | | 智富通 | | | 智富通 | 13:00 | | | | | |
| 13:05 | | 智富通 | | | 智富通 | 13:05 | | | | | |
| 13:10 | | 智富通 | | | 智富通 | 13:10 | | | | | |
| 13:15 | | 智富通 | | | 智富通 | 13:15 | | | | | |
| 13:30 | 智富通 | | | 智富通 | 13:30 | | | | | | |
| 13:35 | 智富通 | | | 智富通 | 13:35 | | | | | | |
| 13:40 | 智富通 | | | 智富通 | 13:40 | | | | | | |
| 13:45 | 智富通 | | | 智富通 | 13:45 | | | | | | |
| 14:30 | Interviu | 借宿一宵 | 無價道 | 活匠當下 | 誰偷走我的... | 香港聖殿 | 犯罪現場 1 | 14:30 | | | |
| 14:35 | | 智富通 | | | 智富通 | 大學 Secrets | | 元氣囡仔 | 14:35 | | |
| 14:40 | | 智富通 | | | 智富通 | | | | 14:40 | | |
| 14:45 | | 智富通 | | | 智富通 | | | | 14:45 | | |
| 14:50 | | 智富通 | | | 智富通 | | | | 14:50 | | |
| 14:55 | 智富通 | | | 智富通 | 14:55 | | | | | | |
| 15:00 | 結婚好嗎 | 智富通 | | | 智富通 | | | 15:00 | | | |
| 15:05 | | 智富通 | | | 智富通 | | | 15:05 | | | |
| 15:10 | | 智富通 | | | 智富通 | | | 15:10 | | | |
| 15:30 | | 智富通 | | | 智富通 | | | 15:30 | | | |
| 15:35 | | 智富通 | | | 智富通 | | | 15:35 | | | |
| 16:00 | 小梅子日記 | | | | | TBC | 元氣囡仔 | 16:00 | | | |
| 16:05 | 小梅子日記 | | | | | 超級飛俠 | 少年阿貝GO！GO！小芝麻 | 16:05 | | | |
| 16:10 | 小梅子日記 | | | | | | | 16:10 | | | |
| 16:30 | 舞力四射 | 超人X | | | 16:30 | | | | | | |
| 16:35 | 智富通 | | | 智富通 | 16:35 | | | | | | |
| 16:40 | 智富通 | | | 智富通 | 16:40 | | | | | | |
| 16:45 | 智富通 | | | 智富通 | 16:45 | | | | | | |
| 17:00 | 見習神仙精靈 | 決鬥大師 VSR (暫名) | | | 時間飛船24 | 飛天小女警 | 17:00 | | | | |
| 17:05 | | 智富通 | | | 智富通 | 中學預備班 | 17:05 | | | | |
| 17:10 | | 智富通 | | | 智富通 | | 17:10 | | | | |
| 17:30 | | 智富通 | | | 智富通 | | 17:30 | | | | |
| 17:35 | | 智富通 | | | 智富通 | | 17:35 | | | | |
| 17:40 | 智富通 | | | 智富通 | 17:40 | | | | | | |
| 17:45 | 智富通 | | | 智富通 | 17:45 | | | | | | |
| 18:00 | 6點新聞報道 | | | | | 6點新聞報道 | | 18:00 | | | |
| 18:05 | 6點新聞報道 | | | | | 6點新聞報道 | | 18:05 | | | |
| 18:10 | 6點新聞報道 | | | | | 6點新聞報道 | | 18:10 | | | |
| 18:30 | RTHK - 青春聯合體 | | | | | 杏林在線 | 粵港財富通 | 18:30 | | | |
| 18:35 | RTHK - 青春聯合體 | | | | | 大鳴大放 | 經緯線 | 18:35 | | | |
| 18:40 | RTHK - 青春聯合體 | | | | | | | 18:40 | | | |
| 19:00 | RTHK - 青春聯合體 | | | | | | | View | 屢見耆工2 | 19:00 | |
| 19:05 | RTHK - 青春聯合體 | | | | | | | | | 19:05 | |
| 19:10 | RTHK - 青春聯合體 | | | | | | | | | 19:10 | |
| 19:30 | RTHK - 青春聯合體 | | | | | 19:30 | | | | | |
| 19:35 | RTHK - 青春聯合體 | | | | | 19:35 | | | | | |
| 19:40 | RTHK - 青春聯合體 | | | | | 19:40 | | | | | |
| 20:00 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:00 | | | |
| 20:05 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:05 | | | |
| 20:10 | 8點新聞報道 | | | | | 8點新聞報道 | | 20:10 | | | |
| 20:30 | W - 兩個世界 | | | | | 營業部長 吉良奈津子 | 恐怖醫學 | 20:30 | | | |
| 20:35 | W - 兩個世界 | | | | | 尋覓原味 | Interviu | 20:35 | | | |
| 20:40 | W - 兩個世界 | | | | | | | 20:40 | | | |
| 21:30 | 午夜伴廊 | | | | | | | 交換旅遊日記 | 手作Low Gear | 21:30 | |
| 21:35 | 午夜伴廊 | | | | | | | | | 21:35 | |
| 21:40 | 午夜伴廊 | | | | | | | | | 21:40 | |
| 22:00 | 全職媽媽放大假 | | | | | 22:00 | | | | | |
| 22:05 | 全職媽媽放大假 | | | | | 22:05 | | | | | |
| 22:10 | 全職媽媽放大假 | | | | | 22:10 | | | | | |
| 22:30 | 黑料理 | 兩面不是人 | 開工 | 築地100 | 譚校長-談欣賞 | 精裝送禮仔 | 一拳超人 | 22:30 | | | |
| 22:35 | | 智富通 | | | 智富通 | | | 22:35 | | | |
| 22:40 | | 智富通 | | | 智富通 | | | 22:40 | | | |
| 23:00 | | 智富通 | | | 智富通 | | | 23:00 | | | |
| 23:05 | | 智富通 | | | 智富通 | | | 23:05 | | | |
| 23:10 | 智富通 | | | 智富通 | 23:10 | | | | | | |
| 23:15 | 智富通 | | | 智富通 | 23:15 | | | | | | |
| 23:20 | 智富通 | | | 智富通 | 23:20 | | | | | | |
| 23:25 | 智富通 | | | 智富通 | 23:25 | | | | | | |
| 23:30 | 晚吹 - 捲上你的床 | 晚吹 - KO KOL | | | 晚吹 - 又要威 又要戴頭盔 | 晚吹 - 總有一件嘍左近 | 晚吹 - 男人講嘢 | 23:30 | | | |
| 23:35 | | 晚吹 - KO KOL | | | 晚吹 - 又要威 又要戴頭盔 | 晚吹 - 總有一件嘍左近 | 晚吹 - 男人講嘢 | 23:35 | | | |
| 23:40 | | 晚吹 - KO KOL | | | 晚吹 - 又要威 又要戴頭盔 | 晚吹 - 總有一件嘍左近 | 晚吹 - 男人講嘢 | 23:40 | | | |
| 23:45 | | 晚吹 - KO KOL | | | 晚吹 - 又要威 又要戴頭盔 | 晚吹 - 總有一件嘍左近 | 晚吹 - 男人講嘢 | 23:45 | | | |